



Stepping Stones to Indigenous Sport and Physical Activity Participation

Course Overview:

The Stepping Stones to Indigenous Sport and Physical Activity Participation eLearning course has been designed for coaches and sport leaders to increase your knowledge of the stages of the Indigenous Long-Term Participant Development Pathway and enhance your ability to run developmentally and holistically appropriate programs for Indigenous participants and athletes.

Who Should Take the Course?

This e-Learning Course has been designed for coaches and sport leaders, like yourself.

Course Objectives:

The purpose of this training is to:

- Increase your knowledge of the stages of the Indigenous Long-Term Participant Development Pathway.
- Help you better understand the needs of Indigenous participants and athletes, including First Nations, Inuit and Métis peoples
- Enhance your ability to run developmentally and holistically appropriate programs for Indigenous participants and athletes.

Evaluation Process:

There are two modules, a reflection opportunity, and a final evaluation. Participants must successfully complete the final evaluation before completing this course. Participants that do not achieve a passing score of 80% can review the content and try as many times as necessary to complete the course.

Upon completion, participants will receive a certificate of eLearning completion and 1 National Coaching Certification Program (NCCP) Professional Development (PD) Point (if applicable).

Course Duration:

This online course is self-paced. Participants may leave the course at any time and can resume where they left off. The duration will depend on the individual participant and their prior knowledge of the subject matter. On average, the course will take about 1-2 hours to complete.